

CNYPA SCOPE

November 2018

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President's Message

Greetings, CNYPA members! Looking back on my time as CNYPA president, I have appreciated the opportunity to reflect on the concept of the “citizen psychologist” and how we as CNYPA members can strive to use our expertise for the greater good. We have great potential to benefit our communities by responding to social challenges and sharing knowledge gleaned from science and practice to inform the public in meaningful ways. As the current APA president, Jessica Henderson Daniel, has voiced, psychology is one of the only professions whose scope of expertise is wide enough to inform initiatives, policy, and laws affecting nearly every aspect of our lives.

I am proud of CNYPA's work to inform the public and advocate for positive change and I hope that we challenge ourselves to do more of that work. Our members participate in NYPSA's annual Lobby Day to educate potential sponsors of legislation about issues affecting mental healthcare and CNYPA is pleased to have two early-career psychologists who are fellows in NYSPA's Leadership Institute. CNYPA also communicates with state representatives directly to provide input on legislation; for example, the Board recently issued a letter opposing a bill that would allow individuals with master's-level training in school psychology to be fully licensed as psychologists in New York.

Additionally, we should strive to be an organization of active citizen psychologists in our local community. I would like to highlight an issue on which CNYPA affected change by speaking out in support social justice in Syracuse. Last year's Fright Nights at the Fair unfortunately featured an attraction titled “Insane Asylum.” The Board was concerned about how this upsetting portrayal of inpatient or residential treatment would serve to both stigmatize people with serious mental illness and trivialize their often challenging experiences as entertainment. We therefore composed a letter of concern to the fairgrounds director, asking that this attraction be omitted in future years, and were pleased to receive an apologetic and positive response from him indicating that the request would be granted. A review of this year's Fright Nights advertisement confirms the change, with friendlier selections such as *Jurassic Dark* and *The Revenge of “IT.”* Although perhaps a small contribution, the messages we communicate have the potential to be passed from person to person, influencing future choices that make our community safer and more aware.

As psychologists we have the potential to provide useful input on wide-ranging, critical issues affecting quality of life for our neighbors, such as gun violence, education, disease prevention, and sexual assault, to name a few. We are often situated in positions where our voices are sought and heard, and I will look forward to continue finding ways that we can take advantage of those opportunities as an organization.

Sincerely,
Afton Kapuscinski, PhD
2018 CNYPA President

2018 FINANCIAL REPORT

APRIL-OCTOBER

Description		Income	Expense	Balance
Directors & Officers Liability Insurance			879.00	
Admin Services (Stephanie)			764.00	
Website Hosting Fee			120.00	
October 2018 Dinner Meeting		923.64	1459.12	
April and October 2018 Happy Hours			259.80	
PO Box Renewal			168.00	
Dr. Gershaw Memoriam (MS Foundation)			100.00	
Dues		514.74		
Ending Balance as of 10/31/2018			\$7163.82	



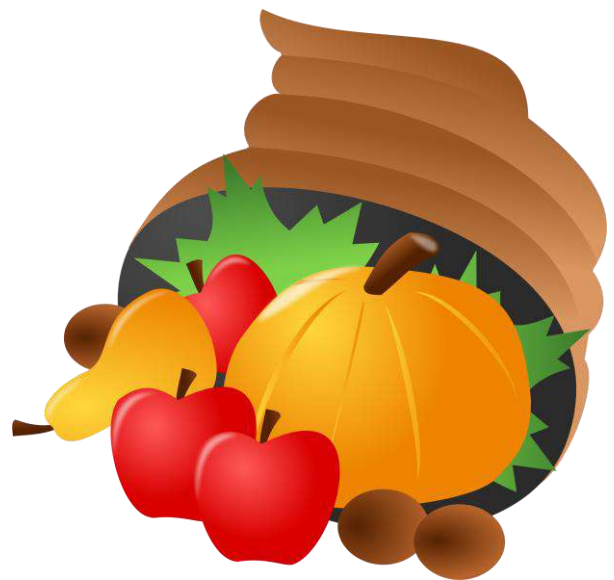
Fall Dinner Workshop 2018

Fall Dinner Workshop 2018

The CNYPA Program Committee held its fall dinner workshop on October 18th at the Genesee Grand Hotel. Participants enjoyed dinner and connecting with other psychology professionals from the Central New York area. We had the pleasure to learn from former CNYPA president Deborah Pollack, PhD about working with resistance to increase therapeutic effectiveness. Dr. Pollack outlined skills from Short-Term Dynamic Psychotherapy (STDP) and provided examples of her own video footage to illustrate the skills. Thanks for a fabulous talk and for sharing your expertise and experience, Dr. Pollack!

The dinner workshop was very well attended, including graduate students from Syracuse University and interns from SUNY Upstate. Prior to the talk three clinical graduate students from Syracuse University presented scientific posters during the happy hour. Thanks, Julia Hooker, Lisa LaRowe, and Lea Taylor! The Program Committee will soon start working on plans for a spring dinner workshop and possibly another full-day fall workshop in fall 2019. We are also planning on facilitating a local practitioner roundtable and a young psychologist round table. CNYPA is your organization and we strive to bring professional development opportunities that meet the interests of our members in convenient, local settings while connecting with the psychological community in our area. Please contact any member of the Program Committee with suggestions for topics, speakers or ways that we can better meet those needs.

Tammy Bartoszek
Nicole Campbell
Afton Kapuscinski
Deborah Pollack
Nina Stoeckel
Michelle Woogan



Welcome!

Welcome Interns!!!

We are very pleased to have the following students completing their predoctoral internships in Syracuse this year, and have enjoyed meeting many of them at recent CNYPA events:

SUNY Upstate:

David J. Disabato - George Mason University
Sarah Lafont - Syracuse University
Xiaochen Luo - Michigan State University
Nicholas Morrison - University of Massachusetts-Amherst
Kathryn Hagen - University of Hartford
Devin McGuier- Pennsylvania State University
Suvarna Menon- University of Illinois at Urbana-Champaign

Hutchings Psychiatric Center:

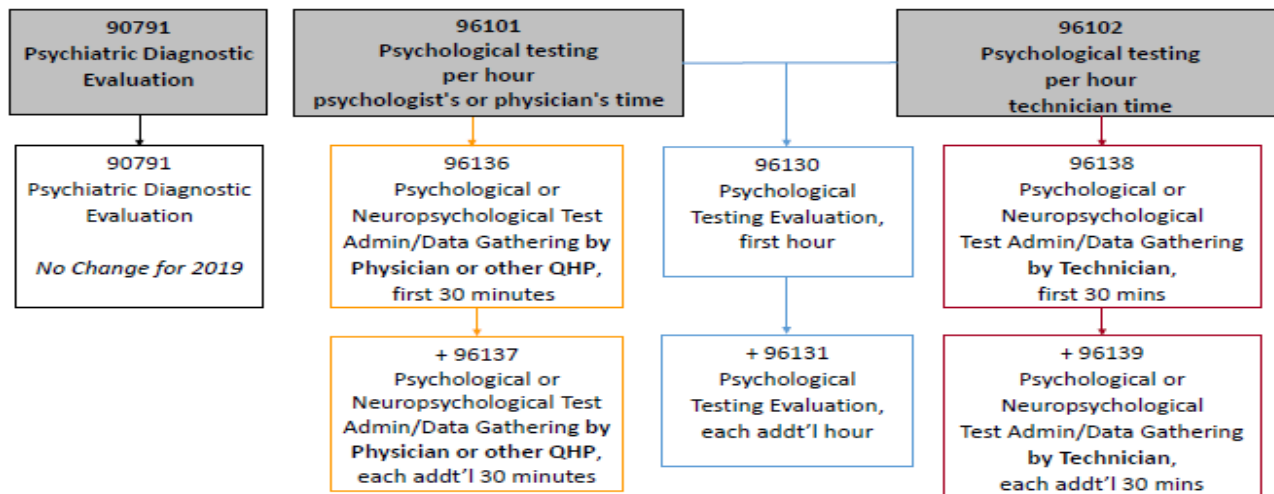
Chelsea Bucina – Pacific University
Bridget Fink – William James College
Elena Geronimi-Bortoleto – University of Louisville
Dara Houp – Regent University
Stuart Irvin – University of Texas (Austin)
Shamyra Shaw – Philadelphia College of Osteopathic Medicine

New Testing Codes

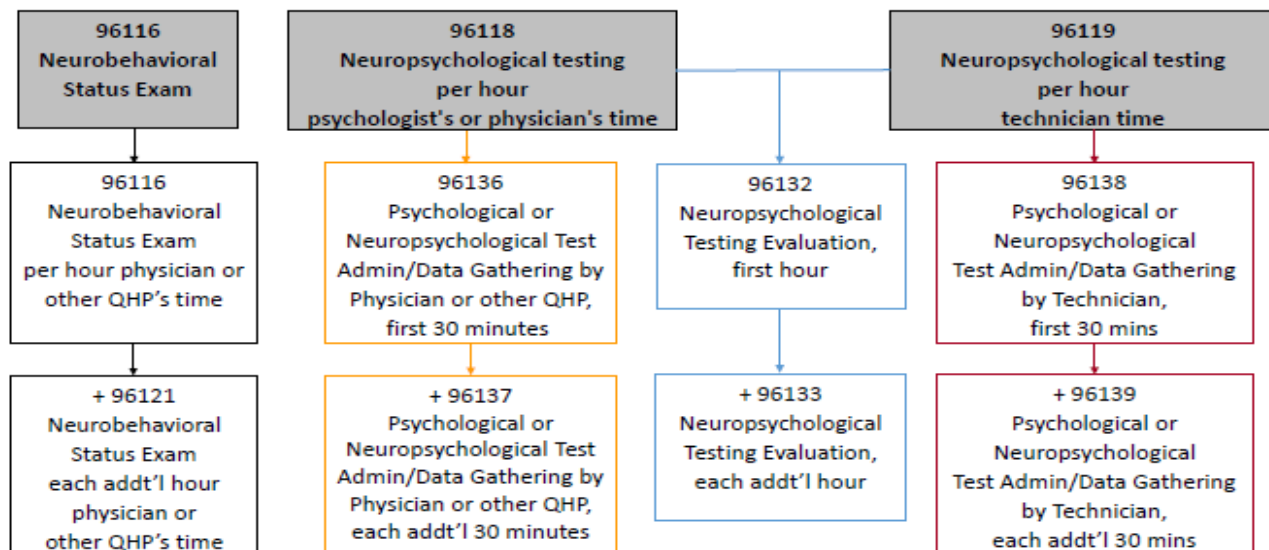
As of January, 1 2019!!

Be ready- there will be new billing codes for psychological and neuropsychological evaluations that will go into effect on January 1, 2019. The American Psychological Association Practice Organization (APAPO) held a Webinar on October 24, 2018 for initial explanation of the codes. Future webinars will be available on December 5, 2018 and early in 2019. Tables describing the changes from current to future codes are provided below. Further information can be found at <http://www.apapracticecentral.org> and <http://psychologycoding.org>

Existing vs. 2019 Psychological Testing Codes



Existing vs. 2019 Neuropsychological Testing Codes



Headlines from the hill

Notes of Interest from the Psychology Department at Syracuse University

- Four students in the department's clinical psychology program and three in the school psychology program have submitted applications for the APPIC match process this year. Good luck to all of those who have applied!
- The department just hosted its first Diversifying Psychology Weekend, which was designed to prepare talented racial minority students for graduate school by providing an experience to learn about the admission process, network with faculty and graduate students in Psychology, and get acquainted with the psychology programs at SU. The weekend was a resounding success as we received over 100 applications and funded over 20 qualified applicants to come to our weekend (some traveled as far as Puerto Rico to attend)! The department is hopeful to receive graduate applications from many of these qualified candidates!
- Joseph Ditre, Emily Zale, and Lisa LaRowe were invited to write a review paper, titled "A Reciprocal Model of Pain and Substance Use: Transdiagnostic Considerations, Clinical Implications, and Future Directions", which was accepted for publication in the Annual Review of Clinical Psychology. Pain and substance use are highly prevalent and co-occurring conditions that continue to garner increasing clinical and empirical interest. The authors integrated converging lines of evidence to propose a reciprocal model in which pain and substance use are hypothesized to interact in the manner of a positive feedback loop, resulting in the exacerbation and maintenance of both conditions over time. Two important clinical implications of this model are that pain may motivate substance use and serve as a barrier to quitting, and that ongoing substance use could interfere with pain treatment. Clinicians and researchers would likely benefit from assessing both pain and substance use behaviors when conducting research or providing treatment for either condition.

CNYPA LISTSERVE MIGRATION

It is no longer feasible to have Syracuse University host our CNYPA listserv. Therefore we have decided to migrate our listserv over to Google Groups. Many organizations such as ours are using Google Groups to manage their listservs, including the NY State Association of Neuropsychologists (NYSAN).

We have created the new listserv and we will migrate CNYPA members over to it automatically once they *renew* their membership for 2019. All new CNYPA members will also be automatically added. You do not need to do anything other than provide the email address you want to be used for the listserv when you renew your membership online. We will then shut down the old listserv in mid-March 2019. You will be given plenty of warnings to renew your membership in order to be added to the new listserv. We will also give you a chance to test it out before we shut down the old one, and we will send several reminders about the new listserv email address and how to post (which will be as simple as posting to the current listserv, just changing the email address). We are hoping this will be a seamless process, but rest assured we will be taking care of any issues that arise from the transition.

If you have any questions about this process, please email Deb Pollack at deborah.pollack@gmail.com



NYSPA NOTES

NYSPA has had an eventful year. Both our President and our Executive Director resigned last Spring. Herb Gingold, Past President, stepped in and has done a wonderful job, assisted by Alan Hack, President Elect, who will become President in January. The Executive Committee hired an interim Executive Director, Marsha Spector. She has many years' experience as ED of a non-profit, and currently specializes in interim portions. Meanwhile, a search committee is being formed to find our next permanent ED. The central office is now functioning well and if you call, the phones will be answered by staff rather than by the answering service that was in place for several months previously. The office re-staffing is in place and one former staffer has returned. We have also re-retained our old firm of auditors. Some of you may have heard of a potential office move; this will not occur.

Meanwhile, NYSPA held a convention in NYC in June. (We can look forward to a non-NYC convention in June 2019). Services to members have continued.

Our legislative committee has been very active. A parity bill passed both houses of the legislature. We continue to work with a coalition of several professions to push for a PLLC bill, which will allow non-physicians to form practices with physicians on an equal basis. Several other issues, including RXP, continue to be pursued. We will also do more to convey to legislators psychologists' ability to serve as experts on various issues, rather than focusing solely on guild issues of psychology.

The Addictions Division produced a White Paper on Opiates, which can be read at the NYSPA website.

Our representative to APA reported on the dues structure change you may have seen in your current renewal notice. There is no longer a separate "Practice fee", although services will continue (and be expanded to include services of value to academic psychologists); the lobbying finances and work of the practice directorate will remain administratively separate to meet legal requirements. There will be no dues increase for 3 years.

Remember to renew your membership and also (whether or not you choose to join NYSPA), please contribute to the NYSPA PAC to continue lobbying efforts on behalf of NY state psychologists. You can do this through a link on the "Donations" drop-down at the top of the NYSPA.org home page.

Bernice Gottschalk
NYSPA representative

2018/2019 CNYPA Meeting Schedule

2018

November: 16

December: 5

2019

January: 18

February: 15

March: 15

April: 19

May: 17

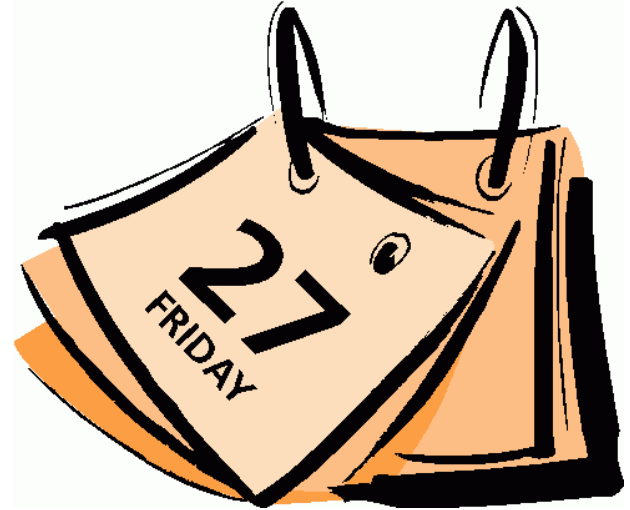
June: 21

September: 20

October: 18

November: 15

December - TBD



All meetings start at 1:15 and are held in the 2nd Floor "Grand Rounds" area of the Upstate Psychiatry & Behavioral Sciences Building, 713 Harrison St. Syracuse.



COME CELEBRATE WITH US!!!!

CNYPA Annual Meeting & Holiday Party

When: Wednesday, December 5 from 5:30pm to 7:30pm

Where: Kitty Hones Irish Pub 301 West Fayette Street Syracuse, NY 13202

RSVP by 11/25 via evite

<http://evite.me/QyvaB8aq4U>

CNYPA BOARD OF DIRECTORS 2018			
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Recording Secretary	Michelle Woogen, PsyD	315-464-2371	woogenm@upstate.edu
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Board Member Through 2018 (2 years)	Brian Thomson, PhD	315-426-7738	Brian.thomson@omh.ny.gov
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Program Committee Chair	Nina Stoeckel, PhD	315-422-0300	Nina.stoeckel@gmail.com
NYSPA Council Representative Expires Dec 2018 (3 yr)	Bernice Gottschalk, PhD	315-426-7762	Bernice.gottschalk@omh.ny.gov
Student Representative Through June 2019 (1 year)	Lea Taylor		letay100@syr.edu
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Website Designer*	Eric Larson		eric@iadinc.com