

CNYPA SCOPE

November 2017

In this issue:

*President's
Message...1*

*Treasures
Report...2*

*Headlines
from the
hill...3*

*Leadership
Academy...4*

*Lobby Day
Recap...7*

*Save The
Date...9*

*Publications...
10*

*Spring Dinner
Workshop
2017....12*

*Position /
space
available... 14*

*2016 Board of
Directors...13*

*Annual
Meeting/ '18
elections ...15*

*Board
directory...16*

President's Message

Dear CNYPA Members,

Happy Fall! I hope that you have been able to enjoy the extended summer temperatures, changing foliage, and various activities and happenings that Central New York has to offer this time of year. These are the things that replenish me and leave me feeling fortunate to live in upstate New York.

As I was thinking of what I wanted to focus on for this president's message, I kept coming to the idea of connections. I believe that what draws many of us to the work of psychology is the opportunity to connect with other people, to understand and to help them achieve valued goals. Our relationships with colleagues and peers allow us the opportunity to discuss shared concerns, seek consultation, locate resources, and to share our love for the work we do.

I'm also reminded of the importance of larger connections- how we connect at a state and federal level with other psychologists to advocate for our profession, to join together to address the threats to our work and to learn ways that we can adapt to a changing landscape.

I'd like to thank all of my CNYPA colleagues and the connections you have fostered over this year. Thank you to those of you who joined us for one of our Happy Hours or Dinner Meetings, participated in a Board meeting, or utilized the listserv. We currently have a vibrant Program Committee under the leadership of Dr. Nina Stoekel that has been diligently working to bring back a full day workshop for the spring 2018. This is sure to be a high quality program and we thank all of you for your efforts! We have a number of ways in which we are connecting with NYSPA, through our Council Representative, Dr. Bernice Gottschalk, NYSPA's Leadership Academy, funding to support a speaker for our fall dinner meeting, and the president-elect candidates meeting our members at our last Happy Hour. We have continued to build the ways we connect with graduate students, by inviting them to present their research at our spring dinner meeting, participating in our Happy Hours, and our first Graduate Student Representative to our Board, Sarah LaFont. Our website connects us with the public and medical professionals by providing education and the resource of our provider directory and makes it easier for new psychologists to the area to find us. We continue to grow in the amount of traffic the website sees.

I would especially like to thank those who have offered to serve CNYPA by running for our elected positions and Board seats. In a small organization such as ours where most positions run unopposed and there isn't much by way of perks or prestige, it really is all about those who are willing to serve our profession and organization. Please thank them by casting your vote of support or expressing your appreciation personally.

I would like to end by asking you to reflect, how are your connections? Are there ways that you might benefit from connecting with fellow professionals or supporting our profession? Maybe talk with a student or

colleague about CNYPA or attend one of our programs or events. Join a Board meeting or let us know your ideas or ways you would like to be involved. Are you a NYSPA member? If you are, have you considered attending the convention or Lobby Day in May? If you are not a member, consider your reservations or maybe why you stopped your membership and let NYSPA know. NYSPA is under new leadership and is seeking ways to grow the organization and support membership. Most of all, please join us for our Annual Member Meeting that we will be having at my house on December 1st. Share a drink, food and good conversation with old friends, new faces, and others that are drawn to our life's work. Whatever way you choose to connect, we look forward to having you.

Best,

Tammy Bartoszek, PsyD
2017 CNYPA President

TREASURER'S REPORT - APRIL TO OCTOBER 2017

Description	Income	Expense	Balance
Directors & Officers Liability Insurance		879.00	
Admin Services Nov 2016 – Apr 2017 (Stephanie)		330.00	
Website Hosting Fee Jan 2017 – June 2017		240.00	
April 2017 Dinner Meeting	601.20	927.64	
May and October 2017 Happy Hours		306.45	
PO Box Renewal		166.00	
Dr. Bogin Memoriam and flowers		175.58	
Dues	672.58		
Ending Balance as of 10/31/2017			\$3213.00



Headlines from the Hill

Headlines from the Hill: Notes of Interest from the Psychology Department at Syracuse University

- **Dr. Randall Jorgensen's Psychophysiology Lab** at Syracuse University investigates the biopsychosocial foundations of stress and health. A domain currently being investigated is how the combination of the defensive need for approval (DNA) with anger acknowledgement and expression predicts cardiovascular reactivity (CVR; an associate of subclinical cardiovascular disease) to social stressors. Over the course of decades in the Jorgensen Psychophysiology Lab, research has shown that young adults with a profile of high DNA and low self-report of anger evidence high CVR. Interestingly, this profile also has been shown to identify those who have both high CVR and a parental history of hypertension. Other areas currently being pursued in the Jorgensen Psychophysiology Lab include examining: (a) if individual differences (e.g. neuroticism, DNA, modern health worries) moderate negative affect in response to slides depicting pollution and other threats; (b) the association of arterial stiffness with such factors as sleep, weight, drinking, and smoking; and (c) if perception of facially presented emotions covaries with DNA and resting blood pressure. Finally, a psycholinguistic analysis of the Structured Interview for coronary prone behavior is being explored as a way to improve prospective prediction of heart attacks and coronary related deaths. Randall Jorgensen has been a proud member of the Clinical Psychology faculty at Syracuse University since 1985!
- A number of our clinical psychology doctoral candidates have successfully proposed their dissertation projects recently, including:
 - **Clare Campbell** - *Screening for At-Risk Substance Use and Behavioral Health Concerns in University Primary Care*
 - **Garry Spink** - *Modern Health Worries and Emotional Reactivity to Images of Air Pollution*
 - **Stephanie Cristiano** - *Suppressed Anger and Response to Facial Expressions of Emotion*
 - **Jessica Desalu** - *Vicarious Exposure to Racial Discrimination, Racial Identity, and Alcohol-Related Outcomes among Black Young Adults: An Experimental Approach*
 - **Michelle Zaso** - *Interplay Between Peer-based Processes and Alcohol Metabolism Genes on Trajectories of Alcohol Use Across Adolescence*
 - **Sarah LaFont** - *The Longitudinal Association of Neighborhood Stress and Sexual Risk Behaviors and Outcomes among Black Adolescents: Main Effects and Theoretically-Informed Mediation*

Two CNY Psychologists Accepted into Leadership Academy



Back Row: Jerry Grodin (Mentor), Lori Wagner (L-I Co-Chair and Mentor), Susan Warshaw (Mentor), Roy Aranda (NYSPA Past President), David Tzall (Fellow), Herb Gingold (NYSPA President), Corey Leidenfrost (Fellow)
Front Row: Eartha Hackett (Fellow), Chris Allen (L-I Co-Chair), Anu Raj (Mentor), Michelle Woogen (Fellow), Pat Dowd (NYSPA President-Elect), Courtney Bancroft (Fellow), Deb Martinez (NSYPA Executive Director)
**Anne Reagan (Fellow) not shown

As Co-Chair of the Leadership Institute of the New York Psychological Association (NYSPA), it is a great honor to acknowledge the two psychologists from the Central New York region accepted into the 2017-2018 Leadership class: Dr. Anne Reagan and Dr. Michelle Woogen. Dr. Reagan and Dr. Woogen are both psychologists working at SUNY Upstate Medical University.

NYSPA's Leadership Institute was created in 2010 by then NYSPA President Dr. Jerry Grodin (NSYPA's current Director of Professional Affairs) as one of his primary presidential initiatives. The mission of the Leadership Institute is to support psychologists to develop leadership skills, improve the profession of psychology through increased legislative and advocacy efforts, and to strengthen NYSPA by creating a leadership pipeline within the organization.

Dr. Woogen graduated from Virginia Tech with a B.S. in Psychology and a B.S. in Human Resource Management and from the University of Hartford with a PsyD in Clinical Psychology. She initially specialized in working with individuals with severe mental illness, but thought, as an early career psychologist, it would be beneficial to challenge herself to work in other settings with different populations to further enhance her clinical skills. Therefore, she sought out a new opportunity within the field after completing her internship and is now working as a rehabilitation psychologist at Upstate University Hospital on the inpatient rehabilitation unit.



Her long-term goals include remaining in a hospital setting to provide clinical services to patients, as well as to utilize her management degree to become involved in administration to further be an agent of change. She is an active member of CNYPA and NYSPA, involved on CNYPA's programming committee and is Secretary-elect for the 2017-2018 term. She is also a member of the NYSPA Division of Cognitive-Behavioral Therapy.

Four other New York psychologists join Dr. Reagan and Dr. Woogen: Dr. Earth Hackett, Dr. David Tzall, and Dr. Courtney Bancroft from the NYC area and Dr. Corey Leidenfrost from Buffalo, NY.

The Leadership Institute runs from September to June, culminating in the presentation of their class project and graduation at the NYSPA Convention each June. The fellowship class chooses a project that is of interest to them and that will benefit the organization. The fellows also have opportunities for one-to-one mentorship and leadership development at leadership retreats held in NYC and Albany. They participate in monthly conference calls, monthly “virtual happy hours” with discussions/presentations on topics related to leadership, and team building exercises. Fellows also attend some Council meetings, Lobby Day, grassroots training, and begin to pursue leadership activities in NYSPA Divisions, Regions, Committees and special-interest Task Forces.

The Leadership Institute provides an excellent opportunity for early to mid-career psychologists with leadership aspirations. Please take the time to congratulate your colleagues when you have the chance and to consider applying next year to be a NSYPA Leadership Institute Fellow!

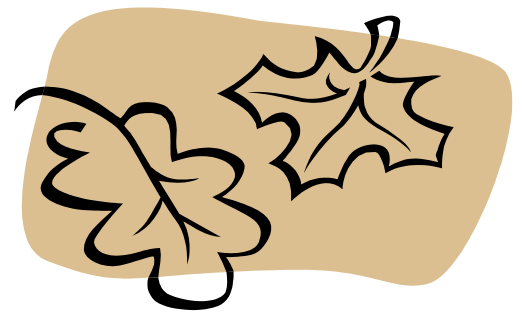


Dr. Reagan grew up in Syracuse, graduating from Fayetteville-Manlius in 2004. She attended University of Massachusetts, where she graduated Summa Cum Laude in 2008, followed by graduate school at Wright State University in Dayton, OH graduating in 2014 earning a Psy.D. in Clinical Psychology, specializing in Child Clinical and Health Psychology. She completed a Pediatric Psychology fellowship at Akron Children's Hospital in Akron, OH.

Dr. Reagan began working at Golisano Children's Hospital in 2016, after creating a new position that offers Pediatric Psychology services for both inpatients as well as outpatients through the Pediatric Behavioral Health Clinic. She currently

on the Leadership Committee for APA Div 54 Pediatric Psychology- Special Interest Group for C/L, NYSPA Membership Committee, NYSPA Health Psychology Group, and most recently was accepted as a Leadership Fellow in the NYSPA Leadership Institute. She is excited to be working with other early career psychologists through the Leadership Institute, as well as connecting with psychologists throughout the state and nationwide through various committees.

Fall 2017 Happy Hour



Our Fall 2017 Happy Hour was a success! Local psychology interns from area internship sites were able to meet each other and network with our psychology community. We were also joined by both candidates for NYSPA-president elect, Dr. Alan Hack and Dr. Daniel Kaplin. As the only regional organization to extend an invitation to the candidates, they welcomed the opportunity to talk with members about NYSPA priorities and how NYSPA can serve the interests of both Upstate and Downstate psychologists. Thank you to everyone who came out!



New York State Psychological Association

Lobby Day Recap

John Northman, PhD, ABPP
NYSPA Legislative Chair

What a day!

On Tuesday, May 9.....

- Over 40 NYSPA members.....
- Divided strategically into 6 teams.....
- Visited the offices of a record-number 51 legislators.....
- As we advocated for NYSPA's position on five bills!

Lobby Day always provides an energizing, natural "high." It's a unique opportunity to speak face-to-face with legislators about issues important to psychology and the people we serve.

Significantly, legislators listened, wanted to hear our stories and why these pieces of legislation are important to us, asked excellent and probing questions, and expressed strong support.

OK, you may say. Don't legislators generally say "yes" but really mean "no?"

Not this year.

Several legislators offered to sign on as co-sponsors of our bills before we even got around to ask! Others responded "yes" when we did ask!

That's different from what usually happens. More typically, legislators will express empathy for an issue and then say they need to "study" the bill.

Not this year.

It was very apparent that.....

- Legislators have become quite familiar with our issues
- Legislators have come to recognize the strong merits of these issues
- Legislators appreciate our honest and direct communication about the issues
- Legislators like our forthright approach in answering questions and responding to their concerns

Familiarity with psychology...familiarity with NYSPA...compelling arguments...our concern for access to services (and not only psychology as a profession)...legislators have come to know us, and then they begin to "get it."

Consider briefly and admittedly succinctly the essence of the four bills NYSPA seeks to enact:

3 Pine West Plaza, Suite 308, Albany, NY 12205
Phone: (518) 437-1040 (800) 732-3922 Fax: (518) 437-0177 E-mail: nyspa@nyspa.org Web site: www.nyspa.org

Reprinted with permission from NYSPA.org



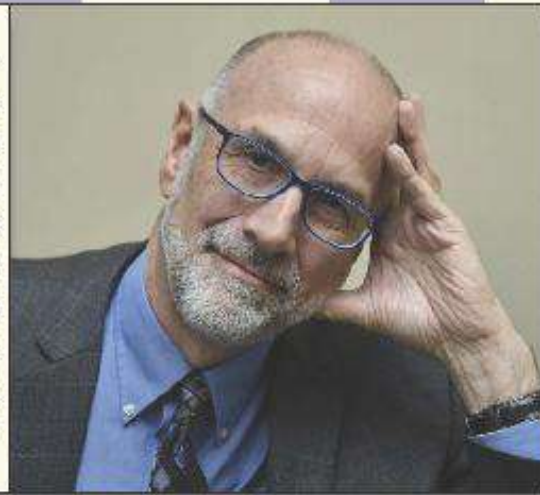


Save the Date
March 16, 2018

**ENHANCING DBT SKILLS:
Addressing Complex Client Scenarios & Preventing
Therapist Burnout**

Presented by:
Charles Swenson, MD

Charles Swenson, M.D., is Associate Clinical Professor of Psychiatry at the University of Massachusetts Medical School. He has directed more than 35 ten-day DBT workshops over the past twenty years, has conducted about a dozen advanced workshops, and has implemented DBT in outpatient, inpatient, day treatment, residential, case management, and crisis settings.



Hosted by:
Central New York Psychological Association
Syracuse University Department of Psychology

Location:
Syracuse University Campus

APA CEU's Will Be Available
Social Work CEU's Will Be Available

Visit us at www.cnypa.net

Dr. Alice Honig honored for 50 years of service

On October 20, 2017, Dr. Alice Honig was given a special honoring reception by Falk College for 50 years of service. She has made considerable contributions to the field of child and infant development, particularly in the area of attachment. Her publications span decades and have been translated into multiple languages, including her most recent “Little kids, big worries: Stress busting tips for early childhood classrooms” which was just published in Korean. We congratulate Dr. Honig on achieving this milestone and for her considerable accomplishments. The following is a compilation of just her most recent publications:

Honig, A. S. (2017). Altruism. In M. Bornstein (Ed.) *The SAGE Encyclopedia of Lifespan Human Development*.

Honig, A. S. (2017). Exercise times enhance child skill building. *Early Child Development and Care*, (<http://doi.org/10.1080/03004430.2017.138835>), pp.1-8..

Honig, A. S. Forward to *Encyclopedia of Infancy* (D. Wittmer ,Ed.) Lewisville, NC: Gryphon House. pp.vii-viii.

Honig, A. S. (2017). Grandparent influences seen through Jungian lenses. [Review of the book “Grandparents: Archetypal and Clinical perspectives on grandparent-grandchild relationships]. Author::Isabelle Meier. *PsycCritiques*, Vol. 62, No. 44, Article 6.

Honig, A. S., & Wittmer, D. S. (2017, January/February). Infants and toddlers: What have we learned from research on social-emotional development? *Child Care Exchange*, pp.51-56.

Honig, A. S. (2017). Outdoors in nature: Special spaces for young children’s learning. *Early Child Development and Care*, (<http://dx.doi.org/10.1080/03004430.2017.1337609>)

Honig, A.S. (2017). Wise insights for parents and caregivers of the young [Review of The book

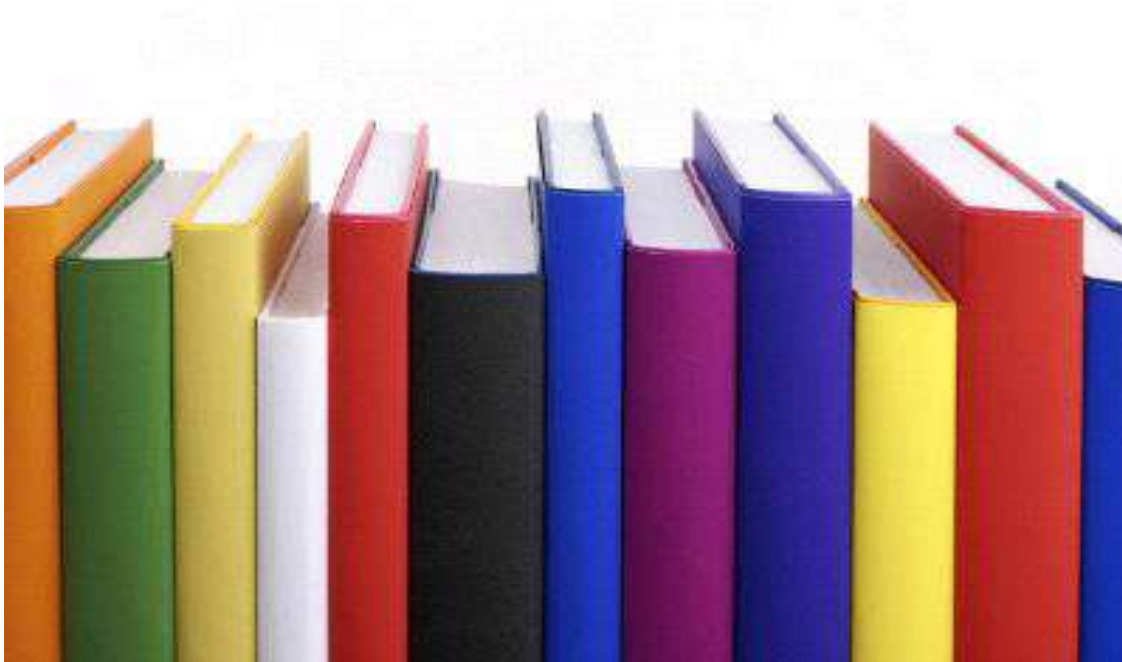
“Developmental science of early childhood. Clinical applications of infant mental health concepts from infancy through adolescence “] Author: Claudia M. Gold. *PsycCritiques*, Vol. 62, No...16, Article 1.

PUBLICATIONS FROM OTHER MEMBERS

CNYPA Board Member Roger P. Greenberg, PhD is pleased to announce the publication of the Third Edition of "The Art and Science of Brief Psychotherapies: A Practitioner's Guide." The book, with contributions from master therapists, is edited by Drs. Dewan and Steenbarger along with Dr. Greenberg. The book provides cutting edge information, guidelines for practice and updates on the major short-term therapies. It is accompanied by 40 streaming videos- available on desktop and mobile devices. This is the only text that shows leading experts such as Drs. Judith Beck, Edna Foa, Hanna Levenson, and Marsha Linehan conducting their respective therapies, allowing for deeper and richer learning experiences. Each chapter has been thoroughly updated and new additional chapters cover fresh topics like tele-treatments and internet based approaches as well as multicultural practice, mentalizing, and motivational interviewing. The book is published by American Psychiatric Publishing.

Pollack, D.L., "Behavioral Determinants of Obesity," In: Silverman, R.K., Obesity Medicine: Management of Obesity in Women's Health Care, 1st Ed. 2017, McGraw Hill.

CONGRATS TO ALL!!!!!!!



Spring Dinner Workshop 2017

The CNYPA Program Committee held its spring dinner workshop on April 27th at the Genesee Grande Hotel. Participants enjoyed dinner and connecting with other psychology professionals from the Central New York area. Janine Bernard, PhD, LMHC, professor emeritus of counseling and counselor education at Syracuse University shared her expertise on factors influencing clinical supervision. Her engaging talk explained her well-known Discrimination Model of supervision along with newer developments within supervision and implications for practice. Thank you, Dr. Bernard, for sharing your expertise and experience! The dinner workshop was well attended, including new student attendees who were offered a free year of membership to CNYPA for their participation.

We also had a wonderful new addition to our workshops. We had three advanced clinical psychology graduate students from Syracuse University present their professional posters during the cocktail reception. Their abstracts are featured below. It was a pleasure learning from them. Thank you, Jessica Desalu, Patricia Goodhines, and Sarah LaFont!

CNYPA is your organization and we strive to bring professional development opportunities that meet the interests of our members in convenient, local settings while connecting with the psychological community in our area. **The Program Committee is welcoming suggestions for future dinner workshop topics.** Please contact any member of the Program Committee with suggestions for topics, speakers or ways that we can better meet those needs.

Tammy Bartoszek, Nichole Campbell, Jessica Desalu, Afton Kapuscinski, Deborah Pollack, Nina Stoeckel & Michelle Woogen

Student posters presented

Interaction between *ADH1B*3* and Alcohol Facilitating Socio-Environments in Alcohol Outcomes in Black College Students.

J.M. Desalu; M.J. Zaso; J. Kim; A. Park.

Syracuse University, Department of Psychology, Syracuse NY 13244.

Introduction: Blacks on average have been found to experience a greater number of negative drinking consequences despite drinking at similar or lower levels than other major racial groups. Despite this troubling alcohol-related health disparity, our understanding about individual differences in the risk for alcohol use and abuse in Blacks is vastly lacking. Alcohol-facilitating socio-environmental factors, such as high perceived peer drinking norms and alcohol offers, have been extensively studied as determinants of college drinking, but these factors remain understudied among Black students. Furthermore, gene and environment interactions studies suggested that social-environmental effects on college drinking may differ as a function of genetic factors. The alcohol dehydrogenase gene's *ADH1B*3* allele is found almost exclusively in Blacks and has been associated with lower risks for alcohol use and alcoholism. Thus the *ADH1B*3* allele may interact with social environmental factors to jointly determine alcohol outcomes. The current study examined the potential protective effects of the *ADH1B*3* allele on the relationship between perceived peer drinking norms and alcohol offers on alcohol outcomes in a Black college student sample. **Method:** Participants were 241 undergraduate students of self-identified Black race (mean age = 20 years [*SD* = 4.11]; 66% female). Generalized negative binomial models were used to address non-normality in the alcohol outcomes. **Results:** Results revealed significant interaction effects of *ADH1B*3* with alcohol offers on alcohol use frequency (incidence rate ratio [IRR] = 1.14) as well as with perceived peer drinking norms and alcohol offers on negative drinking consequences (IRR = 1.21 and 1.41, respectively). Carriers of the *ADH1B*3* allele drank less frequently and reported fewer negative consequences than noncarriers when exposed to lower alcohol-facilitating environments. In contrast, the protective effect of the *ADH1B*3* allele diminished in high alcohol-facilitating environments. **Conclusion:** This study was the first to demonstrate that a genetic factor unique to the Black population may protect Black college students against adverse alcohol outcomes only in environments characterized by low levels of alcohol-facilitating factors. Such findings add to current understanding of the interplay between genetic and social risk factors for alcohol use in the understudied Black population. [supported by NIH Grant R15AA022496].

SUBSTANCE USE FOR SLEEP AID IN COLLEGE STUDENTS: ASSOCIATIONS WITH RISKY DRINKING AND INSOMNIA SEVERITY. P. A. Goodhines; A. Park; L. Gellis; J. Loury; J. Kim; A. M. Tesi. Syracuse University, Department of Psychology, Syracuse, NY 13244.

Introduction: Individuals experiencing disturbed sleep may use substances (such as alcohol, marijuana, and/or over-the-counter medications) to improve sleep. College students may be at greater risk for substance use for sleep aid given their high prevalence of alcohol/marijuana use, insufficient sleep duration, and irregular sleep-wake patterns. However, existing research on the prevalence, correlates, and consequences of substance use for sleep aid among college students is limited. The current study characterized patterns of substance use for sleep aid among college students and identified its concurrent and prospective associations with risky drinking and insomnia severity.

Method: Data were obtained from a 2-month prospective study of 171 college students (mean age = 19 years [$SD = 1.35$], 32% male, 74% white). Online questionnaires were administered at both baseline and follow-up to assess alcohol, marijuana, and over-the-counter medication for sleep aid in the past two weeks, as well as negative mood, alcohol use, negative drinking consequences, insomnia severity, and pre-sleep arousal over the past two months.

Results: Almost 30% of students reported using alcohol, marijuana, and/or over-the-counter medications for sleep aid in the past two weeks at baseline. Males and older students were more likely to report using substances for sleep aid, and sleep aid users endorsed greater frequency of alcohol consumption, number of heavy drinking days, negative drinking consequences, insomnia severity, and pre-sleep arousal than non-using peers at baseline. Longitudinal regression analyses revealed that substance use for sleep aid predicted significant increases in negative drinking consequences over time after controlling for sex, negative mood, and negative drinking consequences at baseline, but did not predict changes in drinking patterns or insomnia severity.

Conclusions: Findings indicate that prevalence of substance use for sleep aid is high among college students, particularly among males and older students. The use of substances for sleep aid may be associated with greater concurrent risky drinking and insomnia severity, as well as increases in negative drinking consequences over a short time period. Findings highlight the need for interventions addressing sleep disturbance and substance use for sleep aid on college campuses. Further research is necessary to examine the long-term effects of substance use for sleep aid. [supported by NIH Grant R15AA022496].

Goodhines, P. A., Park, A., Gellis, L., Loury, J., Kim, J., & Tesi, A. M. (2017, April). *Substance use for sleep aid in college students: Associations with risky drinking and insomnia severity.* Poster presented at the Spring Meeting of the Central New York Psychological Association, Syracuse, NY.

Response Modulation Moderates the Effect of Agonistic Striving on Cardiovascular Disease Risk in Children

Sarah R. LaFont, M.S., Brooks B. Gump, Ph.D., M.P.H., & Craig K. Ewart, Ph.D

(Supported by National Institutes of Health: 5R01ES023252-02)

Psychological and physiological risk indices in youth may mark early trajectories to adult cardiovascular disease. The present study tested the hypotheses that: (1) children who exhibit *agonistic striving* (struggling to influence, control, or change other people) exhibit increased cardiovascular risk relative to their peers; (2) children whose parents exhibit agonistic striving exhibit similar risk; and (3) the associations between agonistic striving and cardiovascular risk are moderated by the child's response modulation abilities. Participants were 100 children aged 9 to 11 years ($M = 10.61$, $SD = 0.86$) and 100 parents/caregivers. Agonistic striving was measured with the Social Competence Interview; response modulation abilities were measured with: (a) a self-report index of emotion regulation, and (b) heart rate variability. Cardiovascular risk was indexed by levels of resting blood pressure, cardiovascular reactivity, arterial stiffness, and left ventricular mass of the heart. The results replicated the striving profiles observed previously in adolescents and adults. Indices of increased cardiovascular risk were associated with parent but not child agonistic striving. The degree of a parent's agonistic goal focus interacted with the level of the child's emotion regulation abilities and autonomic vagal control to predict higher levels of resting blood pressure and arterial stiffness. Those at greatest risk were children with lower emotion regulation abilities or autonomic vagal control, and whose parents exhibited a high degree of agonistic focus. This study offers important new evidence that a psychological mechanism of parental stress may interact with regulatory mechanisms in the child to impair the child's health.

Keywords: Agonistic Striving (AS), Cardiovascular Disease (CVD), emotion regulation

Board Approves Student Representative Position

CNYPA's Board of Directors approved the addition of a Graduate Student Representative position that will be held for one-year terms by a graduate student in an applied psychology program. The position is intended to promote dialogue and interaction between the University community and CNYPA, as well as to allow psychologists-in-training the opportunity to become involved in professional networking and advocacy. We are pleased to have Sarah LaFont, a clinical psychology student at Syracuse University, as our first Student Representative for the 2017-2018 academic year. Sarah has been involved with several practicum sites in our community, including OnTrack CNY at Hutchings Psychiatric Center, Upstate Concussion Center, and Upstate Cancer Center. She is currently working on her dissertation, which investigates how neighborhood factors influence sexual risk-taking behavior among adolescents, and is applying to predoctoral internship programs this year. Sarah has served on the CNYPA website committee, presented her research at a recent CNYPA dinner meeting, and will be sharing news from Syracuse University in the Scope's *Headlines from the Hill* column.



Office space to sublet:

2 room psychotherapy office space available for sublet evenings, possibly some weekday hours. Plenty of parking available, privacy, separate entrance and exit, lovely location in the Sinclair section/neighborhood of Skaneateles. For more information please contact Audrey Kissel at (315) 415-0157.

CELEBRATE WITH US!!!!



Please join us for our **2017 Annual Membership Meeting**, Friday, December 1 from 5-8 pm. It is a time for us to reflect on the year, give out awards, and announce CNYPA's election results for those who will lead CNYPA in 2018. Watch your inbox for the E-vite to RSVP or e-mail Tammy at bartoszt@upstate.edu.

When: Friday, December 1, 2017 5-8 pm

Where: Bartoszek's Home, 4017 Brick Kiln Drive, Chittenango, NY

2018 Elections

Watch the CNYPA listserv for the SurveyMonkey link to vote for CNYPA Elected officers for 2018 coming in the next week! Thank you to all those willing to serve and lead our organization for the next year. Be sure to cast your vote to support and thank them for their service.

CNYPA BOARD OF DIRECTORS 2017			
	Name	Business Phone	e-mail
<i>President</i>	Tammy Bartoszek, PsyD	315-464-2337	bartoszt@upstate.edu
<i>Past President</i>	Deb Pollack, PhD	315-396-8398	Deborah.pollack@gmail.com
<i>President-Elect</i>	Afton Kapuscinski, PhD	315-443-3595	ankapusc@syr.edu
<i>Treasurer Through 2017</i>	Brian Rieger, PhD	315-464-2335	riegerb@upstate.edu
<i>Recording Secretary</i>	Michael Miller, PhD	315-464-3440	millermi@upstate.edu
<i>Board Member</i> Through 2017 (2 years)	Holly Vanderhoff, PhD	315-464-3120	vanderhh@upstate.edu
<i>Board Member</i> Through 2017 (2 years)	Roger Greenberg, PhD	315-464-3120	greenber@upstate.edu
<i>Board Member</i> Through 2017 (2 years)	Charles Bradshaw, PhD	315-425-4400	Chadbradshaw19@yahoo.com
<i>Board Member</i> Through 2018 (2 years)	Tanya Gesek, PhD	315- 430- 8040	gesekphd@gmail.com
<i>Board Member</i> Through 2018 (2 years)	Lauren Warren-Faricy, PhD	315-464-9818	warrenla@upstate.edu
<i>Board Member</i> Through 2018 (2 years)	Brian Thomson, PhD	315-426-7738	Brian.thomson@omh.ny.gov
<i>Academic Affairs (non-voting)</i>	Afton Kapuscinski, PhD	315-443-3595	ankapusc@syr.edu
<i>Ethics Chair</i>	Joe Himmelsbach, PhD	315-345-6540	joe.himmelsbach@gmail.com
<i>Program Committee Chair</i>	Nina Stoeckel, PhD	315-422-0300	Nina.stoeckel@gmail.com
<i>NYSPA Council Representative Expires Dec 2018 (3 yr)</i>	Bernice Gottschalk, PhD	315-426-7762	Bernice.gottschalk@omh.ny.gov
<i>Secretary*</i>	Stephanie Virginia	315-464-8671	virginis@upstate.edu
<i>CNYPA Website Chair</i>	Theresa Covington, PhD	315-935-3037	Cnyneuropsychology@gmail.com
<i>Website Designer*</i>	Eric Larson		eric@iadinc.com