

# CNYPA SCOPE

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## *In this issue:*

*President's  
Message...1*

*Awards...2*

*Headlines  
from the  
Hill...3*

*Call for new  
members... 4*

*Spring 2015  
Dinner  
Workshop...5*

*Fall Dinner  
Meeting... 6*

*NYSPA  
Meeting  
Highlights...7*

*2015 Board of  
Directors...9*

## President's Message

Well it has certainly been an eventful summer for the field of psychology. Like many of you, I experienced several intense emotions once the story on the APA's involvement with the DOD broke. I vacillated between shock, anger, embarrassment, disgust, and hopelessness. As the days passed, however, I also began to have a sense of hope as I saw how many smaller psychological organizations quickly jumped in to start researching and debating the presented data in order to formulate a quick response to APA and to their own membership. Len Davidman's well-written message to the members of NYSPA is one example. As I'm sure you can relate, my email inbox was flooded with messages and discussions from various psychological organization list-serves (including CNYPA), and it was heartening to see how folks were able to move past any feelings of despair or hopelessness to be able to quickly address the question, "What now?"

Two things come to mind when I think about how this was at all achievable in such a short amount of time (remember, the Hoffman report was released on July 10th and the Council's Resolution was passed less than a month later on August 7th). The first is the value of smaller associations in psychology. I feel very fortunate that the vast diversity within our field can be represented not be one monolithic group, but by so many more specified organizations, representing folks of various locations, specializations, and special interests. Collectivism through association means that voices with less political clout can be heard.

So, I return to CNYPA with a deeper understanding of how important it is to continue to remain active in our local organizations, so that we can discuss, debate, unite, and act when needed. I hope that you will also see the value in continuing to invest your time and energy into smaller professional associations (even if you have left APA). At

CNYPA we are in continual need for help at the executive level. For example, we will have several board seats and offices open this year, including President-elect! Please consider volunteering your time, energy, and talent to one of these positions. Without continued input and activity from many of our members (not just the same handful of folks), CNYPA will wither and fade. We have seen this happen in our periods of low member involvement. We simply can't accomplish our everyday tasks and long-term goals unless folks roll up their shirt sleeves and take their turn at helping the organization continue to function and thrive.

With regards to the APA debacle and its aftermath, I also recognized the extreme importance of electronic media for swift communication and action. Without email listerves, websites, and social

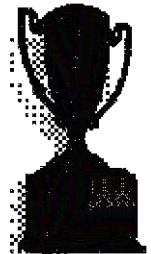
media such as Facebook, I doubt most of these conversations across the country could have occurred so quickly. I believe this has implications for CNYPA as well. It simply is no longer an option for us to continue using paper-based resources for our operations. Fortunately, several new members have jumped into the project of bringing CNYPA into the 21<sup>st</sup> century so that we can more easily communicate with our members, other professionals, and the public online. I am pleased to announce that because of their hard work, our new and improved website will be rolling out very soon. Phase I of the website will feature a “Find a Psychologist” function, which will be a searchable database of all of our members ([if they so choose](#)), by various criteria such as specialty or types of patients seen. This should be a great resource for both our professional community (no more asking on the listserv and waiting for responses!) as well as our local consumers. Phase 2 will likely roll out in 2016 and may feature other aspects such as a list of online articles culled by our local experts for the public on common topics of interest.

I want to end by stressing that without the awesome energy and initiative put forth by the members of the website committee, this would not have been possible. I am therefore strongly urging both new and “old” members to take a minute to consider what you can do to help CNYPA continue to evolve, ensuring that we always have this great resource available for our community and ourselves.

Deborah Pollack, Ph.D.  
President

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## **KUDOS TO....**



### **Roger Greenberg, Ph.D.**

Who was selected to receive the 2016 American Psychological Association Career Award for Distinguished Contributions to Education and Training in Psychology. The award will be formally presented at the next APA Convention in Denver. This is a well-deserved honor for Roger who is a pillar within our psychologist community.

### **Ronald Saletsky, Ph.D.**

Who received an honor at Upstate Medical University at the Faculty Convocation on Sept 16: The 2015 President's Award for Excellence In Faculty Service.

## Alice Honig, Ph.D

- Dr.Honig's book "The Best for Babies" was designated the National Parenting Publications Awards (NAPPA) 2015 SILVER award winner.
- Dr. Debora Spar, the President of Barnard College presented (on the recommendation of the Alumnae Association of Barnard College) to Dr. Honig, across all alumnae classes, the **Women of Achievement award for 2015**.

## Headlines from the Hill

### Notes of Interest from the Psychology Department at Syracuse University

- The psychology department at Syracuse University is pleased to welcome a new faculty member, Joshua Felver, PhD, as an Assistant Professor in the school psychology program. Dr. Felver completed his graduate studies at the University of Oregon in school psychology, followed by an internship at Boston Children's Hospital and a postdoctoral fellowship in school-based day treatment at the Alpert Medical School of Brown University. Dr. Felver's research focuses on the development and implementation of mindfulness-based interventions in community settings with youth, teachers, and parents. He has specifically examined how mindfulness programming can improve children's emotional and attention-regulation skills, as well parent-child communication. Dr. Felver's clinical interests involve mindfulness-based interventions, and intervention for youth with psychiatric disabilities in the school setting. Dr. Felver lives in Syracuse with his wife, Sarah Felver, Ph.D., who is a child psychologist in private practice, and their two children. He is originally from Central New York, and is glad to be living in the area again, where he can enjoy his favorite activities, including hiking, disc golf, and following SU basketball.
- Stephen Maisto, Ph.D. was recently awarded a 2.1 million dollar grant by the National Institutes of Health to study decision-making among HIV-negative men who have sex with men. The five-year study, which will be conducted with collaborators from Boston University and the University of South Dakota, will specifically examine how alcohol consumption, as well as cognitive (e.g., expectancies about alcohol's effect on sex and working memory) and personal factors (e.g., impulsivity) may influence choices within this population. Dr. Maisto and his team hope to advance the understanding of factors involved in sexual risk-taking, which will ultimately inform HIV primary prevention efforts.
- The research team headed by Kevin Antshel, Ph.D. through the Developmental Psychopathology Clinical Research Center is beginning an exciting new project designed to aid in the detection of ADHD malingering among college students. The study utilizes an interactive video game that increases in complexity. It is hoped that this novel and engaging technology may allow identification of performance differences on variables that are associated with ADHD malingering versus non-malingering in the college population.

# CALL FOR NOMINATIONS...

We are currently looking for nominations for President-Elect (term to begin January 2017) and three board members (term to begin January 2016). Please consider taking on one of these important roles. CNYPA cannot function without involvement from our members. Please email Deb Pollack at [deborah.pollack@gmail.com](mailto:deborah.pollack@gmail.com) with your nominations.

## CNYPA NEEDS YOU!

### ***CNYPA Program Committee Members***

Tammy Bartoszek, PsyD- bartoszt@upstate.edu  
Jessica Costosa-Umina, PhD- jcostosaumina@yahoo.com  
Gila Reckess, PhD- reckessg@upstate.edu  
Afton Kapuscinski, PhD- ankapusc@syr.edu  
Sandy Smith, PhD- sandralsmithphd@me.com  
Nina Stoeckel, PhD- ninastoeckel@gmail.com  
Lauren Warren-Faricy, PhD- warrenla@upstate.edu

### ***CNYPA Website Committee Members***

Theresa Covington, PhD- Cnyneuropsychology@gmail.com  
Lauren Warren Faricy, PhD- warrenla@upstate.edu  
Deb Pollack, PhD - Deborah.pollack@gmail.com  
Bernice Gottschalk, PhD- Bernice.gottschalk@omh.ny.gov  
Garry Spink, Doctoral Student  
Allison He, Doctoral Student  
Sarah La Font, Doctoral Student

## *Spring 2015 Dinner Workshop*



On April 23<sup>rd</sup>, Dr. Tom Umina regaled a lively group of 22 professionals and students with entertaining stories and cautionary tales from his years as the Director of Inpatient Operations at the Central New York Psychiatric Center. Over Chardonnay chicken and buerre blanc salmon, we heard about the CNYPC's heroic ongoing measures to appropriately assess and treat each inmate, even when understaffed. We learned about the high rates of mental illness in the prison population, the use of teletherapy for remote inmates, and the innovative ways the staff addresses chronic disciplinary problems. It was a delightful evening with old and new colleagues alike. Come join us for our next CNYPA dinner meeting to learn about integrated care, scheduled for October 29<sup>th</sup>!



***IT'S NOT TOO LATE TO REGISTER!***  
**FALL DINNER MEETING:**  
**THURSDAY, OCTOBER 29**

**Integrated primary health care: A panel discussion of psychologists in a cutting edge field with Drs. Anne Cangelo, Kate Lewis, and Robyn Shepardson.**

Join your peers for an evening of food, networking, and intellectual stimulation!

**Genesee Grande Hotel** 1060 East Genesee St. (1 block east of Syracuse Stage)

Cocktails @ 6:00, Dinner @ 6:30, Presentation @ 7:30

\$35 for CNYPA members, \$40 for non-members, \$20 for students and interns

*CNYPA dues partially subsidize your dinner!*

Register online <http://cnypa.net/workshop.html>

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## COMING SOON.....

### Membership Renewals

We will soon be sending reminders to renew your membership for 2016. This will likely be done via the new website rather than sending in a paper form and check (although that will still be available for our members who wish to do so).

### Website

We are getting closer...and so excited to roll out our new and improved website! All members will be eligible to put their information into our provider database and [pro bono](#) speaker's bureau. [You can also elect not to be listed online.](#) You will soon be receiving an email with a link to an online questionnaire where you can list your contact information and your areas of expertise. Please keep an eye open for this email if you wish to be listed in our online provider database.

## CNYPA Meeting Schedule for 2015

November 20th

December 4th: Annual meeting/  
Holiday Party at Deb Pollack's House-  
In Fayetteville



**Dates for 2016- TBD**

**All meetings start at 1:00 and are held in the 2<sup>nd</sup> Floor “Grand Rounds” area of the Upstate Psychiatry & Behavioral Sciences Building, 713 Harrison St. Syracuse.**

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### Reports from CNYPA Representatives to NYSPA

#### NYSPA Council

Bernice Gottschalk, PhD

There has been recent discussion among Council members about revitalizing the Media Ambassadors program (so a psychology voice can be available to contribute to discussion of events like school shootings and other less dramatic issues), as well as a possible NYSPA response to the findings of the Hoffman report .

NYSPA committees, including the RxP Committee, Insurance Committee, and Legislative Committee,, have been active. NYSPA joined NYSAN in supporting the use of psychology technicians in assessment, with defined parameters for training and scope for the technicians. This was passed by the legislature and is awaiting the governor's signature. NYSPA opposed a bill allowing licensing of Masters level school psychologists; after a meeting with representatives of both sides, the sponsoring legislator dropped the bill, at least for the time being. Legislative priorities for 2016 include the PLLC bill, to enable psychologists (and other licensed professionals, who have joined in this effort) to form partnerships with Physicians in this era of integrated care, as well as a bill to allow insurance companies to include out-of-network benefits in policies they sell on the state (Affordable Care Act) exchange,

All psychologists are encouraged to donate to the state psychology PAC (a separate entity from NYSPA) : “PsychPAC-NY is the only nonpartisan political action committee formed and governed by psychologists for the sole purpose of advancing our profession's political agenda in New York. PsychPAC-NY is the vehicle informed psychologists utilize collectively to exert their influence, politically. PsychPAC-NY collects voluntary contributions from psychologists all around our state and then distributes them to the campaigns of candidates for the New York State Legislature.” Donations can be made at: <http://psychpac-ny.com/>

NYSPA is holding a Fall Conference on Sunday November 8<sup>th</sup> at St. John’s University in Queens, with the theme “Protecting Ourselves, Protecting our patients; Topics include managing suicide risk, violence risk assessment, the proposed NY Duty to Protect law, professional risk management, and an overview of the new MCMI-IV (this talk sponsored by Pearson). Cost is \$95 for NYSPA members, \$150 for non-members, \$25 for students. You can register at <http://www.nyspa.org/event/fallconference2015> There will be an Upstate conference in the spring.



### CNYPA BOARD OF DIRECTORS 2015

	Name	Business Phone	e-mail
<b>President</b>	Deb Pollack, PhD	315-396-8398	Deborah.pollack@gmail.com
<b>Past President</b>	Charles Bradshaw, PhD	315-425-4400	Chadbradshaw19@yahoo.com
<b>President-Elect</b>			
<b>Treasurer Through 2017</b>	Brian Rieger, PhD	315-464-2335	riegerb@upstate.edu
<b>Recording Secretary Through 2017</b>	Tammy Bartoszek	315-464-2337	bartoszt@upstate.edu
<b>Board Member Through 2015 ( 2 years)</b>	Holly Vanderhoff	315-464-3120	vanderhh@upstate.edu
<b>Board Member Through 2015 ( 2 years)</b>	Roger Greenberg	315-464-3120	greenber@upstate.edu
<b>Board Member Through 2015 ( 2 years)</b>	Joe Himmelsbach	315-345-6540	rhimmell1@twcny.rr.com
<b>Board Member Through 2016 ( 2 years)</b>	Ron Saletsky	315-464-3175	saletskr@upstate.edu
<b>Board Member Through 2016 ( 2 years)</b>	Lauren Warren-Faricy	315-464-9818	warrenla@upstate.edu
<b>Board Member Through 2016 ( 2 years)</b>	Brian Thomson, PhD	315-426-7738	Brian.thomson@omh.ny.gov
<b>Academic Affairs (non-voting)</b>	Afton Kapuscinski, PhD	315-443-3595	ankapusc@syr.edu
<b>Ethics Chair</b>	Joe Himmelsbach, PhD	315-345-6540	rhimmell1@twcny.rr.com
<b>Program Committee Chair</b>	Nina Stoeckel, PhD & Jessica Costosa-Umina, PhD		Nina.stoeckel@gmail.com jcostosaumina@yahoo.com
<b>Website Chair</b>	Theresa Covington, PhD	315-935-3037	Cnyneuropsychology@gmail.com
<b>NYSPA Council Representative Expires Dec 2014 (3 yr)</b>	Bernice Gottschalk, PhD	315-426-7762	Bernice.gottschalk@omh.ny.gov
<b>Secretary*</b>	Stephanie Virginia	315-464-8671	virginis@upstate.edu
<b>Website Designer*</b>	Larry Webb	315-655-3362	