

CNPPA SCOPE

Volume 31, Issue 2

June 2011

President's Message

In this issue

NYSPPA Counsel Meeting Highlights...2

Dr. Alice Honig presents...4

From the Subpoena to the Witness Stand...4

Dr. Christine Allen awarded...5

Dr. Michael Miller publishes...5

Dr. Rodger Greenberg awarded...5

Dr. Andrew Cole inducted...5

New referral service from NYSPPA ...6



I approach conventions with some apprehension as I am always disappointed if I walk away having learned nothing. I cannot walk away from this year's NYSPPA conference feeling that way however. I attended many excellent sessions on topics such as cyber-bullying, teen anger management, and anxiety management and walked away with practical information that I can start using today with my patients.

I am also walking away from this convention with a renewed energy and sense of urgency for our field. Health care reform (HCR) is here and things will change. If psychology is going to be part of this change, and if we are to continue to see our profession thrive, we have to be aware of what is happening and speak up. Over the decades, we have seen psychotherapy and other psychological services take a back seat to pharmacology.

Conference attendees had the pleasure of listening to Dr. Jonathan Shedler from Colorado and Dr. Nicholas Cummings speak passionately about needing to put psychotherapy back as a frontline approach in health care. This is the time as HCR will be establishing Accountable Care Organizations and the focus will be on healthy outcomes and prevention, on integrated care, rather than the current fee for service, splintered system.

I had the honor (along with our Dr. Christine Allen) of being part of a think tank to brainstorm how to get the word out to psychologists state wide about the transitions coming. I sat at a table focused on the training changes that have to happen. I met leaders in psychology from all over New York and within APA and felt the energy that needs to move forward and out to get us all on this train, so we are not left on the track. I want to leave you with words written by Long Island Forensic Psychologist, Dr. Roy Arranda who spoke eloquently about our roots, our needed vision, and our dreams.

Our roots are something – that strikes me – as so important for all of us and the new torch carriers who will follow to take to heart. A rich history indeed. My time, and more so before me, when devoid of iPads, iPhones, listservs, Twitter, laptops, social networks, and technologically-facilitated instructional tools, we learned and worked hard at learning in ways that now – albeit not then – were “old school.”

The vision is a realization that psychology is a modern profession, a competitive, highly advanced profession that is empowered by those who nurture it, and in return empowers those who have earned their degrees via commitment, hard work, and dedication with the necessary skill set backed by tools and a wealth of scientific knowledge to promote the many wonderful and

Continued next page...

varied things that psychologists do.

As for the dream? You'd think that with the extraordinary technology at our fingertips we'd all maintain lines of communication, remain informed, and avoid splintering, complacency, or worse, apathy. Our skill set with the tools successful businesses have at their disposal should make us formidable Jedi champions among other mental health professionals.

How better to spread the word and put it out there? We've sounded the tornado warning. The dream is that all heed the warning, come out of harm's way, and re-emerge stronger than ever.

Borrowing from the concept of positive psychology and positive neuropsychology, let's dwell on our strengths, talent, collective intelligence and abilities, the thriving of psychology, that which is vibrant, so that the dream can be fulfilled as we face and work through the many challenges on the horizon and accomplish a psychological renaissance.

Tanya Gesek, Ph.D.
Licensed Psychologist
gesekphd@gmail.com



NYSPA COUNCIL MEETING HIGHLIGHTS MARCH 25TH, 2011

This was our second Council meeting of the year. The third one originally schedule for June will be eliminated due to a vote in Council in the January 2011 meeting due to budget problems. The next Council Meeting will be in September.

Dr. Donna Raisin-Waters opened the meeting with a report from the 2011 State Leadership Conference. The news overall regarding psychology is not encouraging. One of the key speakers reported that psychologists are viewed as "overpaid therapists" and "doctors who can't prescribe". At the VA nationally, LMHCs reportedly have the same pay range as psychologists. Dr. Kathleen Nordal said, "If we are not at the table, we are likely to be on the menu." Bottom-line seems to be that we do not have the empirical data to prove that we are superior to masters-level practitioners, even though we are the researchers! We need psychologists to do research to document outcome and prove our utility. The payment model in the future is going to be based upon health status change. Dr. Raisin-Waters emphasized our need to unite as psychologists in New York.

At SLC, Dr. Richard Juman, our NYSPA President-Elect attended a session on tele-health which is being explored and is being done in some other states in some limited ways. Dr. Dianne Polowczyk attended a session on the integrated behavioral

health plans, struggling with what happens to individual practitioners with moves toward these huge conglomerates. Dr. Grodin attended meetings on pharmacotherapy and Dr. Dinelia Rosa attended those on Diversity.

One thing for certain is that change is coming and that we will have more power if we join together (wasn't it Ben Franklin who said "we can hang together or we will surely hang alone"; there may not be hanging, but dying as a practice is certainly possible). Get involved! This is not your mentor's NYSPA and many, many people are working hard and constructively (mostly) for psychology, in NY state and federally. NYSPA has a ways to go, but is mostly focused outward rather than on internal struggles, which is as it should be.

The NYSPA Convention is being held in Manhattan this year with reasonable room rates at the renovated Roosevelt Hotel. Drs. Beanne Rothenberg, Tanya Gesek and I are all going and hopefully some others. Contact one of us if you are interested in sharing a ride. Tracy Russell, our Executive Director, has done a great job with organizing the convention. Check it out on the NYSPA website (www.nyspa.org). Next year the conference will be in Saratoga Springs.

Continued next page...

Dr. Eric Garfinkel resigned as Treasurer. Dr. Barbara Fontana graciously agreed to be the Interim Treasurer in addition to her challenging job as Secretary. We currently have a shortfall of \$36,000, which we can make up from our reserves but this is not sustainable as a strategy. Dr. Juman made a motion that Divisions contribute 10% of their monies to cover NYSPA operating costs; the motion passed.

Dr. Dianne Polowczyk reported as APA Representative to NYSPA Council that Dr. Melba Vazquez has as one of her presidential initiatives to develop guidelines for tele-psychology. The election for NYSPA Representative to APA Council will take place beginning April 15, 2011 for all NYSPA members who are members of APA. NYSPA regained its second seat in the election last October so we will be one of only a couple of states with two votes. The candidates are Dr. Christine Allen, Dr. Ann Altoonian, Dr. George Northrup, Dr. Rita Perlin, and Dr. Dianne Polowczyk. Please be sure to vote if you are eligible.

Dr. June Feder reported that the neuropsych tech issue is once again seemingly nowhere with Commissioner Munoz withdrawing support for his draft letter and on the verge of leaving his position. I am hopeful that Dr. Carone, President of NYSAN has more up to date information on the status of this issue.

Dr. Juman is the current temporary chair of the Membership Committee and is spearheading a membership drive called "Why It's Smart to Be a Member of NYSPA.... Top 10 List."

The Presidential Task Force on Psychopharmacology led by Dr. Jerry Grodin is meeting regularly, as is the Task Force on Diversity headed by Dr. Dinela Rosa. The Task Force on Integrated Health Care, also appointed by Dr. Raisin-Waters has been meeting regularly and the By-Laws Committee has chosen Dr. Northrup as its chair and has set up to meet every other week until the revisions are done (or I have no more breath left in me as I was oh so reluctantly persuaded to participate in this tortuous process).

Dr. Rene Wilett, Chair of the Task Force on the Referral Service Committee also appointed by Dr. Raisin-Waters, recommended that the Referral Service become a member benefit with no annual charge and that the "Find a Psychologist" page on the NYSPA website be redesigned and updated as quickly as possible. This motion was passed with only one abstention. It is a huge step in the right direction, spearheaded by our own Dr. Wilett, who spoke passionately on behalf of the concept. NYSPA membership will pay for itself with a single referral!

Dr. James Clark from GVPA made an impassioned plea for NYSPA to provide leadership and financial support to the GVPA's Insurance Committee to respond to the Excellus BC/BS reduction in reimbursement and that in addition NYSPA will help GVPA carry its message to APA. This is big because NYSPA is actively supporting a region and Upstate needs.

A Conflict of Interest Policy was drafted and presented for review, but there was not enough time to review it for a vote to take place according to our Bylaws. NYSPA's Legal Counsel will review it also.

Dr. Richard Juman discussed the NYSUT Task Force. It was agreed to appoint a liaison to monitor the relationship and to seek an alternative lobbyist if these efforts fail. Overall the NYSPA-NYSUT relationship was presented as a less than happy marriage that on the whole still has more benefit than cost, but which requires attention (and possibly marital counseling).

Please feel free if you are a NYSPA Member to go online and read any minutes or more detailed reports. These are just the highlights, but read the Top 10 List and join NYSPA because our profession needs a more unified voice!

Respectfully submitted,

Christine M. Allen, Ph.D.
CNYPA Representative to NYSPA Council

*"One thing for certain is
that change is coming and
that we will have more
power if we join
together..."*



Upcoming Board Meetings

June 17

September 16

October 21 - also Happy Hour

November 18

December 9 - Annual Meeting

Dr. Alice Honig presents annual meeting of the Ohio Association of the Education of Young Children.

Dr. Honig's presentation was entitled "Keys for quality infant/toddler caregiving"

A 3 minute clip of Dr. Honig's presentation is available for viewing!



CNYPA Dinner Meeting with Forensic Division

Dr. Claude Schleuderer, President-elect of NYSPA's Forensic Division, presented *From the Subpoena to the Witness Stand: A Guide for the Non-Forensic Practitioner* to Central NY psychologists on May 5th in Syracuse. His talk guided the audience through the process of receiving and responding to subpoenas. He also provided essential information regarding psychologists' various roles and responsibilities when testifying in court. As Dr. Schleuderer pointed out, many practitioners will receive a subpoena at some point during their careers, and it is important to feel prepared for this sometimes intimidating eventuality. Developing a refined understanding of ethical and legal concepts pertinent to court proceedings can be beneficial for any practicing psychologist.

Dr. Schleuderer cautioned that the adversarial nature of the legal system can feel threatening to clinicians. However, he repeatedly reminded the audience that, while an attorney's challenging questions may seem like an attack, it is never personal. He encouraged the audience that a well-prepared psychologist can successfully navigate the legal system from subpoena through court appearance. Dr. Schleuderer drew on his extensive experience in forensic evaluation to illustrate his presentation with examples and anecdotes.

Attendees also enjoyed dinner and drinks at the Genesee Grand Hotel as well as an opportunity to spend time with other CNYPA members. Thanks to Dr. Schleuderer, NYSPA's Forensic Division, and CNYPA leaders for bringing an informative and fun evening to Central New York!



Have an idea or request for the next Scope issue?

E-mail Michelle Cavallerano at CavalleM@upstate.edu

Dr. Christine Allen wins a distinguished service award at this year's NYSPA convention.

This award was given to only three psychologists and was well deserved. For over 13 years Dr. Allen has been involved in the organizational governance of psychology at both the local and state levels, including the following:

- President, CNYPA, 2004
- Board Member, Secretary, and Federal Advocacy Coordinator for CNYPA
- CNYPA Representative to NYSPA Council (Current)
- Member-At-Large, NYSPA Executive Committee representing NYSPA Council, 2008-2010
- Member, Task Forces on Representation, By-Laws and Strategic Planning Committee for NYSPA
- Member, NYSPA Divisions of Clinical, Independent Practice, and Organizational, Consulting, and Work Psychology
- NYSPA Media Ambassador.



As a psychologist, Dr. Allen has worked in diverse settings including state and private psychiatric hospitals, academia (teaching and supervision of psychology graduate students and psychiatry residents), and independent private practice. She is currently developing a corporate coaching and training specialty, with an emphasis on leadership development and team building. Congratulations Dr. Allen!!

2011 APPIC Award for Excellence in Training awarded to Dr. Roger Greenberg



Dr. Roger Greenberg, SUNY Distinguished Professor and longtime CNYPA Board Member and Past President, was informed last week that he was unanimously selected by the Association of Psychology Postdoctoral and Internship Centers to receive the 2011 APPIC Award for Excellence in Training.

The award will be formally presented in August during the APA Convention in Washington, DC.

From the nomination letters: "Dr. Greenberg has earned an international reputation as a wonderful scholar, teacher, mentor, and program director. He has served for over 35 years as an APA site visitor, mentoring and training many new site visitors who have learned well by his example. Dr. Greenberg has been a mentor, teacher, and clinical supervisor to about 300 psychology trainees,

hundreds of psychiatric residents, and numerous medical students. Forty years of teaching and directing a training program certainly attests to his stamina, however, doing this with such consistent brilliance and elegance is special and unique."

Andrew Cole, PhD. is inducted into the second year of NYSPA's leadership institute.

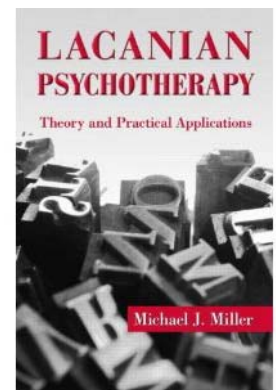
Established by past president, Jerold Grodin, PhD the institute was established to ready the next set of leaders for psychology! Inductees will be learning the ins and outs of our state organization and will be mentored by veteran psychologists.

Dr. Cole currently works as the clinical supervisor at a sexual offender treatment program and maintains a private practice. He earned his Psy.D. from Yeshiva University in Clinical Psychology in 2008 and his M.A. in Forensic Psychology from the City University of New York in 2003.

He has contributed to NYSPA's Public Education Campaign by writing articles for nyspa.org and participating in a radio interview. Dr. Cole is a member of the 2011 NYSPA Leadership Institute, which prepares early career psychologists to better serve the profession while working toward their career goals. In his free-time, he enjoys backpacking, hiking, fishing and any other excuse to spend time in the woods.

Congratulations to CNYPA Member, Dr. Michael Miller for his recent publication!

The work of Jacques Lacan is associated more with literature and philosophy than mainstream American psychology, due in large part to the dense language he employs in articulating his theory - often at the expense of clinical illustration. As a result, his contributions are frequently fascinating, yet their utility in the therapeutic setting can be difficult to pinpoint.



.Lacanian Psychotherapy fills in this clinical gap by presenting theoretical discussions in clear, accessible language and applying them to several chapter-length case studies, thereby demonstrating their clinical relevance. The central concern of the book is the usefulness of Lacan's notion that the unconscious is structured like and by language. This concept implies a peculiar manner of listening ("to the letter") and intervention, which Miller applies to a number of common clinical concerns - including case formulation, dreams, transference, and diagnosis - all in the context of real-world psychotherapy.



NYSPA is excited to offer to its members a new benefit - FREE Referral Service -

The NYSPA Referral Service has been an add-on member benefit for the past 20 years, as technology makes this more cost effective to operate, NYSPA is now offering it as a FREE MEMBER BENEFIT available to qualified* NYSPA members.

The Referral Service is a valuable, confidential resource that helps consumers and professionals find conveniently located licensed psychologists who can resolve their problems. The link to the referral service will be in multiple locations on the NYSPA website, including the Public Resources section.

*To qualify to receive this free member benefit you must meet the following criteria:

- Be a member in good standing with NYSPA
- Be properly licensed and eligible to practice psychology in the state of New York
- Hold professional liability insurance (at a minimum of \$1,000,000)
- Completion of a Referral Profile