

# CNYPA SCOPE

June 2018

## In this issue:

President's Message...1

Treasures Report...2

Headlines from the hill...3

Elections/Awards...4

2018 Meeting Schedule...5

Tribute... 6

Website....7

Board directory...8

## President's Message

Happy Spring, CNYPA members! Despite the long winter, CNYPA has continued to be very active, and I would like to take this opportunity to highlight some of the great work our members and Board have been doing over the past year.

First, I have **appreciated** efforts on several fronts to update the way CNYPA interfaces with professionals and the greater community. We have taken strides to establish a more substantial online presence, including increased usage of social media to advertise events, and providing a publically accessible and searchable directory of practicing psychologists to facilitate access to services and referrals. (If your profile is not yet accessible through that directory, consider making your profile active by logging into the member section of CNYPA.net and selecting “Edit Your Listing”.) We are also in discussion about the addition of a blog section to our website, which would serve as a platform for members to share ideas and up-to-date information on areas of clinical expertise and professional issues.

In additional efforts to keep CNYPA vibrant and current, we have focused on seeking new members who are early career psychologists and current graduate students. We are proud to have two of our early career psychologists, Michelle Woogen and Anne Reagan, currently training as fellows in the NYSPA Leadership Institute. In terms of student involvement, this has been the first academic year in which the Board has included a student representative position, and we have greatly enjoyed the presence of Syracuse University students on both the website and program committees, where their skills have made substantial contributions.

Our program committee had an exciting year that included collaborating with Syracuse University’s Department of Psychology to host a full-day workshop for the first time in over 5 years, which drew a large audience of clinicians of various professional backgrounds from across the state. We hope to continue offering educational programming with wide appeal and welcome any suggestions for speakers or topics of interest. In the spirit of incorporating the benefits of modern technology, we are also looking into the possibility of collaborating with other groups to cast educational presentations occurring at various locations as webinars, allowing psychologists throughout the state to benefit from more training opportunities with less travel.

Finally, CNYPA has exercised its commitment to advocacy work that serves the profession and public health in a variety of ways, including sending letters opposing proposed legislation that would allow individuals with masters-level training in school psychology to be fully licensed as psychologists, and advocating for the de-stigmatization of mental health issues at community events. Thank you to everyone who contributed to the efforts described above, and I hope you will continue to be involved. The Board is always eager to learn about members’ ideas for additional projects and changes that will improve our relevance to our professional community and help us serve the public good. Please feel free to contact me with any feedback or if you would like to become more involved with CNYPA activities.

Sincerely,  
Afton Kapuscinski, PhD

# 2017 FINANCIAL REPORT

<b>01-01-2017 Balance</b>	\$2,646.25
<b>Expenses</b>	
Administrative Support	840.00
Liability Insurance	879.00
Website	480.00
Post Office Box rental	166.00
Happy Hours	306.45
Memoriams (Bogin & Spangler)	275.58
Miscellany	5.00
Total Expenses	2952.03
<b>Income</b>	
Dues	3335.22
Total Income	3335.22
<b>Dinner Meeting</b>	
Dinner Meeting Expense	927.64
Dinner Meeting Income	601.20
Dinner Meeting Net Profit (Loss)	(326.44)
<b>12-01-2017 Balance</b>	\$2703.00



# Headlines from the hill

-The National Institutes of Health has awarded a grant to Dr. Sarah Woolf-King and Dr. Steve Maisto of the Syracuse University Psychology department. The grant is for a project titled “Brief Acceptance and Commitment Therapy for HIV-Infected At-Risk Drinkers”. This 3-year grant supports a project to develop and test a brief, telephone-delivered treatment for People Living with HIV who are hazardous drinkers. No intervention for People Living with HIV in the U.S. has shown long-term reductions in heavy drinking or a significant effect on HIV-related treatment outcomes. If successful, this treatment will have broad implications for public health including the potential to decrease alcohol use, improve antiretroviral treatment adherence, and decrease onward HIV transmission.

-Dr. Steve Maisto received the Syracuse University Chancellor's Citation for Lifetime Achievement award on April 20<sup>th</sup>. Dr. Maisto received this award for a number of his invaluable contributions, including his high caliber research that addresses the prevention and treatment of substance use disorders. Furthermore, though his work at the VA Center for Integrated Healthcare (CIH), Dr. Maisto has advanced veterans' mental healthcare nation-wide by enhancing their access to and utilization of evidence-based treatments for behavioral health concerns such as depression, trauma, anxiety, substance use, pain, and traumatic brain injury. Finally, Dr. Maisto has made significant contributions to undergraduate and graduate education at Syracuse University. Congratulations to Dr. Maisto on this well-deserved award!

-Dr. Larry Lewandowski will be retiring this year. Dr. Lewandowski specializes in school psychology and clinical neuropsychology. He teaches courses in brain and behavior, neuropsychology, socioemotional assessment, school psychology practicum, and internship supervision. His research focuses on test-taking skills and test accommodations for students with disabilities. He is a consultant to various test agencies, including the ACT, College Board, National Board of Medical Examiners, and National Conference of Bar Examiners. In 2000, Lewandowski was named a Meredith Professor for Teaching Excellence at Syracuse University. He also served as the interim chair for the Syracuse University Department of Psychology from 2016-2017. We will greatly miss Dr. Lewandowski and we wish him all the best in his retirement!

-The CNYPA graduate student representative for the 2018-2019 year will be Lea Taylor, a 4<sup>th</sup> year student in the Syracuse University clinical psychology program.

## Syracuse University Clinical Psychology 2018 APPIC Match Results

Clare Campbell: Albany Consortium/Albany Medical College

Stephanie Cristiano: VA Medical Center – Hampton, Virginia

Jessica Desalu: Howard University - Counseling Service

Sarah LaFont: SUNY Upstate Medical University

Garry Spink: College of Health Science and Technology at the Rochester Institute of Technology

Michelle Zaso: Centre for Addiction & Mental Health - Toronto, ON

# CNYPA 2018 ELECTION RESULTS

Congratulations to the winners of CNYPA's 2018 elections! These volunteers will serve to lead our organization in the upcoming year and beyond and bring us together as a professional community to advocate for our profession and the people we serve.

**President-Elect- Dr. Theresa Covington**

**Treasurer- Dr. Brian Rieger**

**Recording Secretary- Dr. Michelle Woogen**

**Board Members- Dr. Charles Bradshaw, Dr. Roger Greenberg, & Dr. Holly Vanderhoff**

Thank you for your willingness to serve our organization and thank you to all who participated in the election process. Please extend a warm welcome and thank them for their service to our organization.

## CONGRATULATIONS!! **DR. GREENBERG CHOSEN FOR WRITING AWARD**

Past CNYPA President and current Board Member Roger P Greenberg, PhD was recently informed that an article he co-authored for the American Psychological Association journal *Psychotherapy* was selected as the Best Article of the Year. The article was titled "*Do All Therapists Do That When Saying Goodbye? A Study of Commonalities in Termination Behaviors.*"

Incidentally, there were three other finalist articles that will be noted at the convention and Dr. Greenberg co-authored one of those as well.



# CNYPA Meeting Schedule 2018

**May 18**

**June 15**

**September 21**

**October 19**

**November 16**

**December: TBD (holiday/annual**

**Party)**



**All meetings start at 1:15 and are held in the 2<sup>nd</sup> Floor “Grand Rounds” area of the Upstate Psychiatry & Behavioral Sciences Building, 713 Harrison St. Syracuse.**

# Tribute. . .

On February 23, 2018 CNYPA lost a champion and many of us lost a dear friend. Jane Gershaw was passionate about the importance of a strong, positive presence and voice for psychology in Central New York and set about to make that happen. There had been a CNYPA when Jane returned to Syracuse after her internship and decided to settle there, but it was on its last legs. Not good enough! Jane and some colleagues reactivated CNYPA, making it bigger, stronger, and noteworthy on the local, state, and even national level. Jane's vision was to have a truly professional organization that modeled and reflected what psychology and psychologists should be: professional, ethical, visible, informed. Over the years Jane served as CNYPA's president and Chair of its Program Committee. In the latter role she invited outstanding presenters to ensure that continuing education was an integral part of being a psychologist in Central New York.



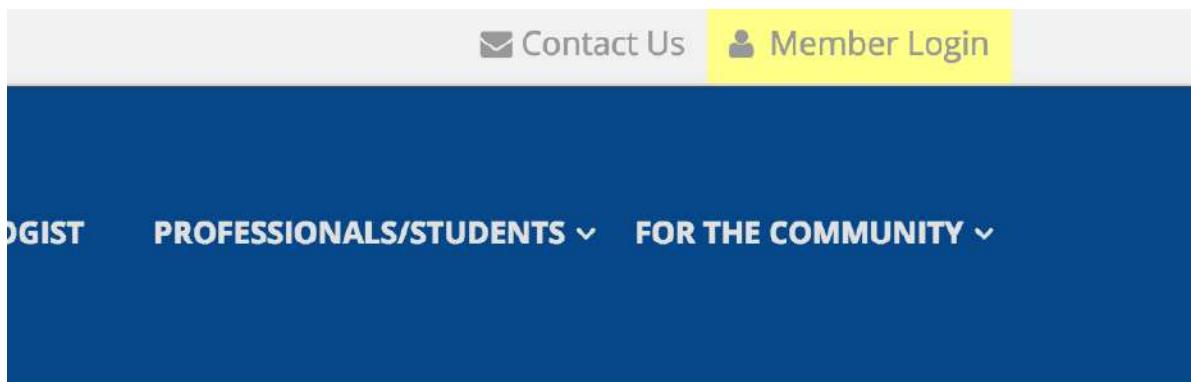
I first met Jane in 1968 or 1969. I had just taken my first job at SU and Eric Gardner, Chair of the Psychology Department at SU found me an office in the Counseling Center building, which was then in an old house on College Place. Jane, fresh from her internship, had an assistantship at the Counseling Center. After a few years I moved over to the VA, and shortly thereafter Jane, with a newly minted Ph.D., followed. She spent most of her professional career at the VA. Jane was a stalwart on our Training Committee, and was a major force in our earning APA Accreditation, one of the first VAs to do so. She was a great supervisor of psychology interns and trainees, serving as a role model for many present members of CNYPA. And Jane and I were professional colleagues, with lots of joint publications, workshops, and presentations together. Finally, Jane was a close and dear friend. Over the years we shared many life events: weddings, births, losses, empty nests. Jane, you will be missed!

Bob Sprafkin

## Website news and information...

Our searchable Find-A-Psychologist directory is up and running! Not only that, but we have evidence from various sources that the public has started using it to find providers. If you haven't yet uploaded yourself into the directory, please consider doing so. Even if you are not taking new patients (you can check a box that says you are not), it is important to show the public the "faces" of professional psychology in Central New York. On that note, if you haven't yet uploaded a picture, you can do so easily once you login.

To login, click on the "Member Login" link on the top right of the home page [www.cnypa.net](http://www.cnypa.net) (it is in yellow). If you have forgotten your username or password, email Stephanie at [virginis@upstate.edu](mailto:virginis@upstate.edu)



# Central New York Psychological Association

Once you have logged in, you can edit your profile by clicking on the pencil icon to the left of your name. You can also add a profile picture by clicking on "Add Profile Photo" in the left menu bar.

A screenshot of the CNYPA Member Administration page. The left sidebar shows a menu with "Add a Profile Photo" (circled in red) and "edit profile" (circled in red). The main content area is titled "CNYPA Member Administration" and shows a table of member records. One record is displayed: Deborah Pollack, PhD. A red arrow points to the edit icon (pencil) in the "Individual Prefix" column of the table.

<b>CNYPA BOARD OF DIRECTORS 2018</b>			
	Name	Business Phone	e-mail
<b>President</b>	Afton Kapuscinski	315-443-3595	ankapusc@syr.edu
<b>Past President</b>	Tammy Bartoszek, PsyD	315-464-2337	bartoszt@upstate.edu
<b>President-Elect</b>	Theresa Covington	315-935-3037	Cnyneuropsychology@gmail.com
<b>Treasurer Through 2019</b>	Brian Rieger, PhD	315-464-2335	riegerb@upstate.edu
<b>Recording Secretary</b>	Michelle Woogen, PsyD	315-464-2371	woogenm@upstate.edu
<b>Board Member</b> Through 2017 ( 2 years)	Holly Vanderhoff, PhD	315-464-3120	vanderhh@upstate.edu
<b>Board Member</b> Through 2017 ( 2 years)	Roger Greenberg, PhD	315-464-3120	greenber@upstate.edu
<b>Board Member</b> Through 2017 ( 2 years)	Charles Bradshaw, PhD	315-425-4400	Chadbradshaw19@yahoo.com
<b>Board Member</b> Through 2018 ( 2 years)	Tanya Gesek, PhD	315- 430- 8040	gesekphd@gmail.com
<b>Board Member</b> Through 2018 ( 2 years)	Lauren Warren-Faricy, PhD	315-464-9818	warrenla@upstate.edu
<b>Board Member</b> Through 2018 ( 2 years)	Brian Thomson, PhD	315-426-7738	Brian.thomson@omh.ny.gov
<b>Academic Affairs (non-voting)</b>	Afton Kapuscinski, PhD	315-443-3595	ankapusc@syr.edu
<b>Ethics Chair</b>	Joe Himmelsbach, PhD	315-345-6540	joe.himmelsbach@gmail.com
<b>Program Committee Chair</b>	Nina Stoeckel, PhD	315-422-0300	Nina.stoeckel@gmail.com
<b>NYSPA Council Representative Expires Dec 2017 (3 yr)</b>	Bernice Gottschalk, PhD	315-426-7762	Bernice.gottschalk@omh.ny.gov
<b>Secretary*</b>	Stephanie Virginia	315-464-8671	virginis@upstate.edu
<b>CNYPA Website Chair</b>	Theresa Covington, PhD	315-935-3037	Cnyneuropsychology@gmail.com
<b>Website Designer*</b>	Eric Larson		eric@iadinc.com